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| **Objectives** | **Methods** | **Outcomes** | **Deliverables** | **Performance indicators** | **Person** | **Due** |
| **Leading - Advocacy and research**  Led by EFAD, dietitians have strong influence across WHO-European region and bring about necessary changes to health policy and practice to improve nutritional health and sustainable diets in Europe  European-level cooperation between stakeholders promotes the unique value of dietitians and dietetics |  |  |  |  |  |  |
| Updating of website content | An up-to-date webpage on the EFAD site | Up to date folder on the website | Frequent update | CM | ongoing |
| Contribution to the EFAD communication plan | Dietitians are recognized as the experts in nutrition and diet | Writing at least 2 posts in Newsflash | Post 1  Post 2 | ALL | 04  09 |
| **Objectives** | **Methods** | **Outcomes** | **Deliverables** | **Performance indicators** | **Person** | **Due** |
| **Connecting - People and organisations**  EFAD is a pan-European community of dietitians, where everyone is connected - physically and digitally.  EFAD is an organisation that shares evidence based information on dietetic practice and standards. This contributes to continuous professional development of dietitians and other health professionals that require training in nutrition and dietetics. | Production of Infographics on Nutrition for Older Adults | Facilitate a community of European dietitians; connecting dietitians with their colleagues in Europe to discuss and improve dietetic practice by learning from each other. | Production of 2 infographics per year | 2 Infographics disseminated among dietitians and other HP in Europe | RB | 06  11 |
| Official, formal and informal relationships are maintained and others are established | Collaborate with other organisations and professional bodies | Advice by ESDN OA is taken into consideration in SONUTS Consortium  Follow up PROMED -COG | ESDN OA member is member of the Advisory Board of the project under the call SONUTS Consortium  Co-authorship in peer reviewed journals (SONUTS Consortium)  Tracking contacts  (PROMED –COG) | AT  AT, DO, MR  MR, AT | 2021-5  2024  2023-5 |
|  | Publish EFAD European Dietetic Journal/ Kompass Nutrition & Dietetics. | Knowledge Transfers every year from our group members or other collegues in the field of older adult‘s nutrition | 1 or 2 Knowledge Transfers | CM |  |

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| **Objectives** | **Methods** | **Outcomes** | **Deliverables** | **Performance indicators** | **Person** | **Due** |
| Building - A professional workforce  EFAD builds a high-quality professional workforce, effective in the new digital era.  EFAD is an organisation that is „fit for purpose”, which continues to strengthen the foundations  needed to reach its goals |
| Conduct survey, to map of dietitians/ nutritionists working with older adults across Europe (as step to be able to perform targeted communication) | Sustainable mechanisms for data collection on dietetics, food, and nutrition practices by country are in place, providing evidence of outcomes and impact. | Identify practices and needs among European dietitians working wih older adults (2nd survey) | Analyze results of survey  Publish results of survey as report & infographic for EFAD Newsletter/Newsflash/website  Write manuscript for scientific journal on results/ Kompass of Nutrition | AT, DO, CM, MR | 05  09  12  2024 |
| Create webinars on nutrition for older adults | An Education Hub for accredited Lifelong Learning and Continuous Professional Development of dietitians is established. | 2 recorded webinars | Suggest topics and speakers  Contact speakers  Create a schedule for the webinars  Book dates | AT, RB, DO | 03  TBD |
| Plan and development of position statements | Revised Standards & Guidelines for education and practice (up-to-date and relevant). | Development of Position Papers/ Role Statements  Publish in Kompass  3 topics  ‘’Effective nutritional interventions (consider food first vs ONS) ‘’  ‘’Dementia and malnutrition’’  ‘‘’Evidence-based approaches for improving hydration in institutionalized older adults residents.’’ | - Analysis of collected material/draft of publication  - Final draft of Position Paper  -Publication in Kompass | 1ST BV, AT, RB  2ND AT, SR, DO, MR  3D DO, AT | 09  06  11  2024 |