Doris Eglseer Biography

Doris studies Nutrition and Dietetics and worked as a Registered Dietitian in the clinical setting for several years. Doris also holds a Master’s in Health and Nursing Sciences, completed a doctorate and wrote her dissertation about the topic malnutrition in hospitals. She now works at the Medical University Graz as a postdoctoral researcher and lecturer where she leads several research projects. In her research, she focuses on the topics malnutrition, sarcopenia and sarcopenic obesity in different patient groups, mainly older adults. She is a board member of the Austrian Association of Dietitians and the Austrian Society for Clinical Nutrition.