

Call for Hydration Ambassadors for EuHHAC

EFAD is looking for early career dietitians as "Hydration Ambassadors" and student nutrition and/or dietetic students as "Junior Hydration Ambassadors" in the European Healthy Hydration Awareness Campaign (EuHHAC). Background, EFAD is working in partnership with DANONE Research through research projects. Lifelong learning and other educational opportunities to support European dietitians to embed the importance of hydration in health and illness throughout the life cycle.

Role of Hydration Ambassadors and Junior Hydration Ambassadors:

They will be responsible for creating awareness of healthy hydration in their country, promoting EuHHAC tools to educate nutrition and dietetic professionals. They will support the EuHHAC Project Manager in disseminating the outcomes of the EuHHAC project such as hydration tools and online education materials.

Duties:

- To actively promote EuHHAC and practical advice on water and healthy hydration for dietitians and dietetic students to embed in their daily practice in their country (making presentations, social media etc.)
- To attend project meetings and other meetings as necessary
- Working closely with EuHHAC Project Officer
- To attend H4H Conference 2022 and take a part in conference

Selection Criteria:

1. Essential:

- **For Hydration Ambassadors:** A qualification in dietetics and relevant graduate studies and in their early career with working experience in nutrition and dietetic practice (e.g. clinic, food service, research, public health etc.) *This position is open only for France, Germany, UK, Turkey and Poland.*

OR

- **For Junior Hydration Ambassadors:** Currently being a nutrition and/or dietetic student. Bachelor, master and doctoral students or equivalent are welcome. *This position is open for all European students.*

AND

- Be an engage and passionate with a vision for healthy hydration and promoting the nutrition and dietetics education and profession in Europe
- Willingness to actively contribute to the European Healthy Hydration Campaign
- Ability to communicate instructions and ideas effectively, both written and verbal, in English (Spoken and written English at B2 level)
- Ability to work in a team
- Have experience in public speaking

2. Desirable

- Open to meeting new people



The European Federation
of the Associations
of Dietitians

- Have a connection with local or national nutrition and dietetic networks/ organizations/ societies (e.g. National Dietetic Association, nutrition and/or dietetic students club of the universities...)
- Follows through quickly and efficiently with all tasks
- Be familiar with online meeting platforms (Zoom, Microsoft Teams, Gotowebinar etc).
- Experience in social media channels

Benefits:

- Opportunity to work with dietitians and dietetics students from all over Europe
- Enhance your interpersonal and organisational skills
- Significantly expand your professional network
- Opportunity to develop an international career
- Receive training course on Healthy Hydration and public speaking
- Free registration to H4H Conference 2022

Selection process:

You will receive an email with the information that your application has been received. All applications are evaluated after the deadline. Applicants who pass the first stage are invited to interviews, lasting 15-20 minutes. After the finalization of all interviews, the successful candidates will be selected and announced.

To apply for Hydration Ambassador please send:

1. Completed application template to apply
2. Letter of motivation
3. Names and contact details of two referees

To EFAD-ENDietS email address (endiets@efad.org) with the title of “Hydration Ambassador” or “Junior Hydration Ambassador”. Please mention in the email which country you are applying to become Hydration Ambassador.

The call is open until the **20th January 2022**