



EXECUTIVE COMMITTEE 2018/2019

Name: Christina-Ariadni Valagkouti

Anchor function: Public Health
Anchor

Since: October 2018

Date of birth: 16 May 1996

Nationality: Greek

Studies & High Education Institution:
Harokopio University of Athens (BSc)

Favorite food: Chicken nuggets

Hobbies: Books, guitar, climbing.

Professional interest: Public health
education and promotion, metabolic
research, nutrition research.

Languages: Greek, English, French,
Spanish, Italian



Why did you decide to join ENDiets?

I enjoy sharing ideas, knowledge and different cultural approaches to nutrition with other students. By being a member of ENDiets, I will be able to do so, along with taking the responsibilities required by and enjoying the benefits of an organized network.

What would you like to achieve as an anchor?

Ideally, I would like to promote and protect public health and educate people of various ages, professions and education levels about the prevention of nutrition-related diseases.