

12<sup>th</sup> December 2016

Have you seen our new ENDiets [facebook](#) and [twitter](#) pages?

We have big plans for these pages including.....

- Keeping you updated with new evidence
  - Sharing international conference details
  - Helping to celebrate international events
  - Holding discussions and debates about all things nutrition and dietetic
- And of course share some light-hearted nutrition related content to make you smile



So please like  'ENDiets' on Facebook and [Follow](#)  @\_ENDiets on Twitter to make sure you do not miss out!!

Social media is a brilliant platform for Dietitian-Nutritionists to share knowledge and help share evidence based practice with the general public.

It also helps increase the public's knowledge about our career....please share these pages and include @\_ENDiets in your tweets to boost our profile.

Lets put an end to the 'You tell people to eat nuts and lettuce jibes' and other misconceptions about our role!!



## Sharing international experiences

If you have studied abroad or have done an internship abroad, we'd love to hear from you.

We would like you to give us a brief account of your international experience and any hints or tips for other students who are considering studying in a different country.

Please email your responses to [ENDiets@efad.org](mailto:ENDiets@efad.org) by Monday 2<sup>nd</sup> January 2017 and do not hesitate to contact us if you have any questions.

## Don't miss our next Webinar: Thursday 15<sup>th</sup> December at 19:00 CET



### Topic: European Student Dietetic Associations

Join us in the upcoming webinar to get an insight into student dietetic associations across Europe:

- Who they are
- How they started
- Activities they organise

We have 3 speakers for this webinar:

- Dolores Dravinec (President of Procion -Croatia)
- John Budding (Student representative of the BDA- UK)
- Thess de Lange (Secretary General of Studievereniging Vedi- The Netherlands)

**Get involved in our last Webinar of 2016** – ask our speakers any questions you may have about student dietetic associations and learn more about our European dietetic associations.

You can **register** via this link: <https://attendee.gotowebinar.com/register/7472633245188872961>

## *Love cooking?*

We would like to start posting **online cooking demonstrations** to allow us all to learn about traditional foods and cooking methods used in various countries around Europe.

If you would be interested in demonstrating how to cook your favourite food (whether it be your basic post- university meal or a fancy dessert) please contact us.

More details will be emailed to you and we will post the full details out in our future bulletins.

Please contact us at [Endiets@efad.org](mailto:Endiets@efad.org)!



## *Would you like to become more involved in ENDietS?*



You're in luck..... we still have a few positions available here at ENDietS:

- **Interdisciplinary Anchor**
- **Junior Recruitment and Promotion Anchor**

We are also still looking for **National Key Contacts**, who are the ambassadors of ENDietS in their country.

If you or anybody you know would like more information about any of the roles listed above, please email us at [ENDietS@efad.org](mailto:ENDietS@efad.org).

Please click [here](#) to read the ENDietS bulletins on our website.

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